

## Beer and Health – an organization

As it states on the web site (<http://beerandhealth.eu/objectives/>):

***Beer & Health builds upon a long tradition of scientific experts coming together to present the latest research on the link between moderate beer consumption and health on the occasion of the European Beer & Health Symposium, which has been organized practically every two or three years since 1999.***

The secretariat is based in Holland (<http://beerandhealth.eu/the-technical-and-scientific-secretariat/>), although the Scientific Committee is trans-European (<http://beerandhealth.eu/scientific-committee/>).

The organization issue a range of relevant publications (<http://beerandhealth.eu/publications/>), notably *Beer and Health – Moderate Consumption as Part of a Healthy Lifestyle – 5th Edition* (<http://beerandhealth.eu/beer-and-health-moderate-consumption-as-part-of-a-healthy-lifestyle-5th-edition/>). They also have a very useful interactive database (<https://database.beerandhealth.eu/>).

Take a look too at the page <http://beerandhealth.eu/beer-and-health/basics-on-beer-and-health/>. You can click on a topic of interest and get a reasoned and unprejudiced take on the issue.

The latest news can be found at <http://beerandhealth.eu/news/>, and this includes uptakes on their symposium (<http://beerandhealth.eu/symposium/>).

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